



Application Instructions for Kaiser Permanente 2017 / Virginia

- 1. Please print all pages of the application including instructions
- 2. Complete all questions and sections of the applicaton. Please write legibly.
- Complete the fax cover letter and application and fax or mail to Virginia Medical Plans for signature. If you do not have access to a fax machine, send the completed application to Virginia Medical Plans along with the required first month's payment.

HELPFUL TIPS:

Here is a checklist of a few things that are commonly overlooked and are mandatory in processing your application.

- Select your preferred billing method.
- · Sign and date the application.
- · Estimated first month's premium must accompany the application.

IMPORTANT:

If you have requested that your monthly premium be deducted automatically from your checking account, you must attach a voided check to the area provided and also complete, sign, and date the authorization form.

Don't forget to **enclose a check for the required payment made payable to Kaiser Permanente** if you are not paying by credit card for the first month.

Mail completed applications and check to:

Virginia Medical Plans Attn: New Enrollment 1404 Northpoint Glen Ct. Herndon, VA 20170

Virginia Medical Plans will review your application for completeness and accuracy before submiting it to Kaiser for processing. This may reduce the approval time because they cannot process unclear or incomplete applications until the missing information has been gathered.

Please contact us if you have any questions regarding the application or the application process. You may reach us at 703-707-8270 or toll free at 888-396-2341 or e-mail us at jkatz@vamedicalplans.com.

Norvax form #IN-1





FAX COVER LETTER

(Please ignore this form if you do not have access to a fax machine.)

**Please FAX this cover letter with the completed application to: Virginia Medical Plans FAX# 888-514-4258

Dear Virginia Medical Plans,

Please accept my completed application for submittal and contact me to confirm receipt of this application

Name			
E-mail			
Date			
Time			
		Please contact me at this phone number	after you have reviewed my
	_	application for completeness and accuracy.	
		I will contact Virginia Medical Plans at 703-707-8270 or toll free at 888-396-2341 to	verify receipt of my application.

I will send the original application as soon as I have been contacted by Virginia Medical Plans with confirmation that my application has been received by fax and reviewed for completeness.

Norvax form #CS-1

KAISER PERMANENTE.

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. 2101 East Jefferson St., Rockville, MD 20852

Application for health coverage

Kaiser Permanente Individual and Family Plans (KPIF), Virginia

14	Who can use	You may use this application to apply for individual or fa for Individual and Families (KPIF).	mily coverage from Kaiser Permanente
\$ \$\$	this application?	 If you want coverage for your family on the same KPIF the family. If a family member wants a different health separate application. 	
		• To be eligible for KPIF coverage, you must live in our V	lirginia service area.
		 If you qualify for and want to take advantage of federal 1 copays, coinsurance, deductibles, or premiums, don't co for coverage through Health Insurance Marketplace at h 	omplete this application. You must apply
		• If you're already a member, don't use this form. To cha	inge your plan, call 1-800-494-5314.
	Things to	• You can apply faster online at buy score lapply. Ple	ase call our office 888-396-234
	remember	• Please answer all questions, and type or print using in words, and put a hyphen in the box for hyphenated na	
		• If we receive your completed application with paymen it, coverage will be effective on the 1st of the next mor application with payment after the 15th and approve i 1st of the month after the next month.	nth. If we receive your completed
		 If you're applying during a special enrollment period, in our Enrolling During a Special Enrollment Period ge documentation so your application will be complete. I can find it at buykp.org/apply, or call 1-800-494-53 submission deadline and effective date may be differe apply during a special enrollment period. 	uide and include any required f you didn't receive this guide, you 14 to request a copy. Your application
		 To avoid paying for 2 plans, if you are enrolled in anoth Marketplace or through Kaiser Permanente, you should your new plan. To avoid a gap in coverage, be sure that plan starts. 	d end that plan before the start date of
		 If your application is incomplete, not signed, does payment, or doesn't include required special enro be canceled. 	
		• Send your complete, signed application and first mon	th's premium payment by mail to:
		Employex Sorvises Depo/KRIE EW Kaise Reconsciented on Individual sood Esmitins & XXXEs XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX	Virginia Medical Plans 1404 Northpoint Glen Ct Herndon, VA 20170
		Or send it by secure fax to: 1:835:414:2796 888	-514-4258
		Note: Checks must be mailed and can't be faxed.	
•	Need help?	• For help with completing this application, please call	1:800:4:54:53:2:4. For TTY, call 711.
6		• We'll provide language assistance at no cost to yo	u. 888-396-2341
		• If you're working with an agent or a broker, please ca	II him or her for assistance.
		Page 1 of 8	



STEP 1: Tell us when you're applying

Select 1 option:	If you selected "A special enrollment period," choose the triggering event:
Open enrollment A special enrollment period If you're applying during a special enrollment period, please write the date of your triggering event. Date (mm/dd/yyyy) For more information on minimum essential coverage and qualifying triggering events, please refer to the Enrolling During a Special Enrollment Period guide. To request a copy, please call 1-800-494-5314.	 Loss of health care coverage* Gaining or becoming a dependent through marriage Gaining or becoming a dependent through the birth of a child, adoption, or placement for adoption or foster care (Please choose your effective date.) The date of birth, adoption, or placement for adoption or foster care The date of birth, adoption, or placement for adoption or foster care The date of birth, adoption, or placement for adoption or foster care The first day of the month after gaining the dependent Change in eligibility for employer health Insurance Marketplace Determination by Health Insurance Marketplace

*If your triggering event is loss of Kaiser Permanente coverage, we may review your prior membership records to establish eligibility. *If you'll be getting federal financial assistance, don't use this form. We can help you apply at **healthcare.gov**.

STEP 2: Choose your health plan

Choose 1	health plan.	If any family 1	members are ap	oplying for di	ifferent health	plans, plea	ase submit a s	eparate applic	ation for e	ach plan.

Bronze	;	Silver		Gold		Platir	ium
Linear	KP VA Bronze 6500/50/ Dental/Ped Dental		KP VA Silver 6000/30/ Dental/Ped Dental		KP VA Gold 1000/20/ Dental/Ped Dental		KP VA Platinum 0/20/ Dental/Ped Dental
is and	KP VA Bronze 6200/20%/HSA/ Dental/Ped Dental	C	KP VA Std Silver 3500/30/ Dental/Ped Dental	[wood	KP VA Gold 0/20/ Dental/Ped Dental		
	KP VA Bronze 5000/50/ Dental/Ped Dental	0	KP VA Silver 2800/30/ Dental/Ped Dental				
			KP VA Silver 2750/20%/HSA/ Dental/Ped Dental				
			KP VA Silver 1800/30/ Dental/Ped Dental				

Catastrophic plan

To purchase a Catastrophic plan, applicants must be younger than 30 on the effective date, or provide a certificate of exemption from Health Insurance Marketplace that shows hardship or lack of affordable coverage. We won't be able to process your application without the certificate of exemption if you are 30 and older. To see if you qualify, please go to **marketplace.cms.gov/applications-and-forms/hardship-exemption.pdf** and follow the instructions.

KP VA Catastrophic 7150/0/Dental/Ped Dental

For information about health and dental benefits and limitations, cost-sharing amounts, and premiums, please review the details in your enrollment materials. To request a copy of the *Membership Agreement and Evidence of Coverage* for a particular plan, please go to **kp.org/plandocuments**, call **1-800-634-4579**, or contact your agent or broker.

STEP 3: Enter your information

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STEP 3: Enter your information (continued)

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	Dependents to be covered	If you have more than 4 dependents to be covered just the information for those applicants.	ed, attach another application and complete
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STEP 4: Choose an authorized representative (if you have one)

:	You can give a trusted friend or relative permission to talk about this application with us, see your inf to this application. This person is called an authorized representative.	ormation, or act for you on matters related
	First name	MI
	Last name	Phone
	By signing, you've appointed this person as your legally authorized representative to get official and to act for you on matters related to this application.	information about this application,
	X	Date (mm/dd/yyyy)
	Primary applicant (parent or legal guardian for children under 18)	

STEP 5: Sign the application agreement

Important: All applicants and dependents 18 and older must read, sign, and date below. If the primary applicant is a child under 18, then his or her parent or legal guardian must sign. By signing, the parent or legal guardian agrees to be responsible for paying all premiums, copays, coinsurance, and deductibles for all the applicants listed on this application. A copy of your agreement with your signature is as valid as the original. If signatures are missing, we will cancel the application.

- I understand that Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. (Health Plan), will rely on the information provided in this application. If any information is found to be fraudulent or intentionally misrepresented, then Health Plan may choose to deny coverage or terminate coverage back to the coverage effective date or the date of the fraud or intentional misrepresentation of material fact for me and all my dependents (rescission). I will be given 30 days advance notice by Health Plan before coverage is rescinded. In the event of rescission, I agree to be responsible for all medical costs incurred by Health Plan, and Health Plan may reduce those costs by any premiums paid. Health Plan will refund any premiums paid back to the date of the denial or the effective date of the rescission of coverage less any medical costs incurred by Health Plan. If medical costs exceed the amount of premium paid, I agree to be responsible to Health Plan for the difference.
- I know that my information on this form will only be used to determine ongoing eligibility for health coverage and will be kept private as required by law.
- The applicant or his or her authorized representative may request a copy of the completed application. For more information, please call **301-468-6000** or **1-800-777-7902**.

• WARNING: ANY PERSON WHO, WITH THE INTENT TO DEFRAUD OR KNOWING THAT HE IS FACILITATING A FRAUD AGAINST AN INSURER, SUBMITS AN APPLICATION OR FILES A CLAIM CONTAINING A FALSE OR DECEPTIVE STATEMENT MAY HAVE VIOLATED STATE LAW.

		Date (mm/dd/yyyy)
Х		
	Primary applicant (parent or legal guardian for children under 18)	
v		Date (mm/dd/yyyy)
Х		
	Spouse	
v		Date (mm/dd/yyyy)
Х		
	Dependent (18 and older)	
v		Date (mm/dd/yyyy)
Х		
	Dependent (18 and older)	
v		Date (mm/dd/yyyy)
Х		
	Dependent (18 and older)	
v		Date (mm/dd/yyyy)
Х		
	Dependent (18 and older)	

STEP 6: Enter first month's payment details

Payment information	
First name of person responsible for payment	M
Last name of person responsible for payment	Amount for your first month's premium
	\$
Address	
City State ZIP code	
Payment options	
Credit card Debit card Visa MasterCard Discover American Exp	ress
Cardholder's first name as it appears on card	ML
Cardholder's last name as it appears on card	and the second se
Card number	Expiration date (mm/yyyy)
X	Date (mm/dd/yyyy)
Cardholder's signature	
Electronic payment Checking account Cavings account	
I authorize Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., and the designated financial inst or savings account when my application is processed by Kaiser Foundation Health Plan of the Mid-Atlantic	itution to accept this transfer from my checking States, Inc.
Bank name	
Routing number Account number	val here aan die aan aan die gegen vaa here gewaard waar van die gegeere die van waarde de gegeere die se die s
Account holder's first name	MI
Account holder's last name	
	Date (mm/dd/yyyy)
Account holder's signature	
Check 🔲 Money order	

Write the name of the primary applicant on the check. Mail payment with your application to the address listed on page 1.

Automatic monthly payments

This **optional** service allows you to automatically pay your monthly premiums electronically. If you'd like to sign up, please fill out your information below. To cancel or update automatic payments, go to **kp.org/payonline** or call the Member Service Contact Center at **301-468-6000 or 1-800-777-7902**.

Billing information

Is this information the same as your first month's payment details? 🔲 Yes 🔲 No 🛛 If no, pleas	e fill out this section.
First name of person responsible for payment	MI
Last name of person responsible for payment	
Billing address	
City State ZIP code	
Payment options Debit cards can't be used for automatic monthly payments.	
Credit card Visa MasterCard Discover American Express	n shanin na manin ka na manin na shi ka kari ka mari ka sa
Cardholder's first name as it appears on card	MI
Cardholder's last name as it appears on card	ilinnaannikaannaak
Card number	Expiration date (mm/yyyy)
	Date (mm/dd/yyyy)
X	
Cardholder's signature	данынанданныгый Сырртрадсон-жылд даңыларарыжынандындынды
Electronic payment Checking account Savings account	
l authorize Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., and the designated financial institut	ion to accept this transfer from my checking
or savings account.	
Bank name	
Routing number Account number	neurs, person an es una contraga e se contraga e se contraga e se contraga e contra a esta entre a se contraga
Account holder's first name	
Account holder's last name	
	Date (mm/dd/yyyy)
X	
Account holder's signature	

For applicants using an Agent/Broker/KPIF representative

If you used an agent/broker/KPIF representative, please make sure he or she completes this page. A Kaiser Permanente representative includes any agent/broker/KPIF representative who has helped you decide which plan to enroll in or helped you fill out the application.

Agent/Broker/KPIF representative first name	MI
Jonathan	
Last name	
Katz	

The broker of record may receive monetary and/or nonmonetary payments from KPIF in connection with the purchase of this coverage. Note: Premiums are the same whether or not you use an agent/broker/KPIF representative.

I (the applicant) authorize the insurance agent/broker/KPIF representative listed below to share enrollment and disenrollment information specific to this application with Kaiser Permanente.

		Date (mm/dd/yyyy)
Х		
	Primary applicant (parent or legal guardian for children under 18)	

To be completed by your Kaiser Permanente-appointed agent/broker/KPIF representative after completion of this application:

You must answer the following question by selecting Yes or No:

I assisted the applicant in submitting this application. To the best of my knowledge, the information on this application is complete and accurate. I explained to the applicant, in easy-to-understand language, the risk to the applicant of providing inaccurate information, and the applicant understood the explanation.

X Date (mm/dd/yyyy)				
Agent/Broker/KPIF representative				
Agent/Broker (first, middle, last) (please print)				
Jonathan E. Katz				
Address				
1 4 0 4 N o r t h p o i n t G l e n C o u r t				
City State ZIP code National producer number (NPN)				
H e r n d o n				
Phone Fax				
7 0 3 7 0 7 8 2 7 0 8 8 8 5 1 4 4 2 5 8				
Broker firm name General agency name				
Katz Insur EBCA				
Broker firm federal tax ID number General agency's federal tax ID number				
4 7 - 2 7 0 8 1 5 0 5 4 - 2 0 1 5 9 2 6				
Email address				
j k a t z @ v a m e d i c a l p l a n s . c o m				
KPIF representative (first, middle, last) (please print)				
Jose				
KPIF representative's license number				
g a l l i a n i				
Page 8 of 8				

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. (Kaiser Health Plan) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no cost language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - o Information written in other languages

If you need these services, call the number provided below.

District of Columbia	1-800-777-7902
Maryland	1-800-777-7902
Virginia	1-800-777-7902
TTY	711

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Kaiser Civil Rights Coordinator, 2101 East Jefferson Street, Rockville, MD 20852, telephone number: 1-800-777-7902. You can file a grievance by mail or phone. If you need help filing a grievance, the Kaiser Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at *https://ocrportal.hhs.gov/ocr/portal/lobby.jsf*, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at *https://www.hhs.gov/ocr/office/file/index.html*.

Help in your Language

English: You have the right to get help in your language at no cost. If you have questions about your application or coverage through Kaiser Permanente, or if this is a notice that requires you to take action by a specific date, call the number provided for your state or region to talk to an interpreter.

አማርኛ (Amharic): ያለምንም ክፍያ በራስዎ ቋንቋ እንዛ የማግኘት ሙበት አለዎት። ስለ ማመልከቻዎ ወይም ከኬስር ፐርማነንቱ Kaiser Permanente ስለሚያገኙት ሽፋን ማንኛውም ጥያቄዎች ካሉዎት፣ ወይም ይህ ማሳወቂያ በግልፅ በተጡቀስ ቀን ማድረግ ያለብዎ ነገር እንዳስ የሚያስንድድዎ ከሆነ፣ በተጠቀሰው የስልክ ቁጥር ለስቴትዎ ወይም ለክልልዎ ደውለው ከአስተርጓሚ ሥር ይኒሥሩ።

العربية (Arabic): لك الحق في الحصول على المساعدة بلغتك دون تحمل أي تكاليف. إذا كانت لديك استفسارات بشأن طلبك أو تغطيتك التي تقدمها Kaiser Permanente، أو إذا كان هذا الإشعار الذي يتطلب منك اتخاذ إجراء خلال تاريخ محدد، يُرجى الاتصال بالرقم المخصص لولايتك أو منطقتك للتحدث إلى مترجم فوري.

Հայերեն (Armenian)։ Դուք ունեք Ձեր լեզվով անվձար օգնություն ստանալու իրավունք։ Եթե Դուք հարցեր ունեք Ձեր դիմումի կամ Kaiser Permanente-ի միջոցով Ձեր ծածկույթի վերաբերյալ, կամ եթե սա ծանուցում է, որը պարտադրում է Ձեզ, որպեսզի գործուղություններ ձեռնարկեք մինչև որոշակի ամսաթիվ, ապա զանգահարե՛ք Ձեր նահանգի կամ շրջանի համար տրամադրված հեռախոսահամարով՝ թարգմանչի հետ խոսելու համար։

Băsóò Wùdù (Bassa): O mò nì kpé bé mì ké gbo-kpá-kpá dyé dé nì mìoùn nììn bídí-wùdù mú pídyi. O jǔ ké mì dyi dyi-diè-dè bě bédé bá nì céè-dè mì tò bó dɛ zò jè dyíɛ ní, moo jǔ bá nì kũùn kpõ jè dyí dyiìn dé Kaiser Permanente múɛ ní, moo o dyi bỗ dò jǔ bɛ mì ké dɛ dò nyu bó wé jɛ́ɛ dò kõ nì, nìí, dá nòbà bɛ wa tòà bó nì bóddò moo nì gbɛ̀ɛò bììɛ, ké nì mu nyo-wuduún-zà-nyò dò gbo wùdùùn.

বাংলা (Bengali): বিলা থরচে আগলার নিজের ভাষায় সাহায্য পাওয়ার অধিকার আগলার আছে। আগলার যদি আগলার আবেদন বা Kaiser Permanente-এর মাধ্যমে পাওয়া কভারেজ লিয়ে কোলো গ্রন্ন থাকে বা এটি যদি কোলো লোটিস হয় যার ফলে আগলার একটি নির্ধারিত দিনের মধ্যে কোলো গদক্ষেপ গ্রহণ করার প্রয়োজন হয়, তাহলে দোভাষীর সাথে কথা বলতে আগলার রাজ্য বা অঞ্চলের জন্য প্রদত্ত লম্বরটিতে ফোল করুল।

California	1-800-464-4000
Colorado	1-800-632-9700
District of Columbia	1-800-777-7902
Georgia	1-888-865-5813
Hawaii	1-800-966-5955
Maryland	1-800-777-7902
Oregon	1-800-813-2000
Virginia	1-800-777-7902
Washington	1-800-813-2000
ттү	711
	140 ⁴ 114011

Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 **Cebuano (Bisaya):** Anaa moy katungod nga mangayo og tabang sa inyo pinulongan ug kini walay bayad. Kung naa mo pangutana bahin sa inyo aplikasyon o coverage sa Kaiser Permanente, o kung kaning pahibalo nanginahanglan sa inyo paglihok sa dili pa usa ka piho nga petsa, palihug lang pagtawag sa mga numero sa telepono nga gihatag sa imong estado ("state") o rehiyon ("region") para makigstorya sa usa ka interpreter.

中文 (Chinese): 您有權免費以您的語言獲得幫助。 如果您對您的Kaiser Permanente申請或承保有任何疑 問,或者如果本通知要求您在具體日期之前採取措施, 請致電您所在的州或地區的電話,與口譯員進行溝通。

Chuuk (Chukese): Mei wor omw pwuung omw kopwe angei aninis non foosun fonuomw (Chuukese), ese kamo. Ika mei wor omw kapas eis usun omw apilikeison me/ika policy fan nemenien Kaiser Permanente, are ika ei esinesin a erenuk pwe kopwe fori pwan ekoch fofor, ka tongeni omw kopwe kori ewe nampa mei kawor faniten omw state ika fonu (asan) iwe eman chon chiakku epwe anisuk non kapasen fonuomw.

Français (French): Une assistance gratuite dans votre langue est à votre disposition. Si vous avez des questions à propos de votre demande d'inscription ou de la couverture par Kaiser Permanente, ou si cet avis vous demande de prendre des mesures à une date précise, appelez le numéro indiqué pour votre Etat ou votre région pour parler à un interprète.

Deutsch (German): Sie haben das Recht, kostenlose Hilfe in Ihrer Sprache zu erhalten. Falls Sie Fragen bezüglich Ihres Antrags oder Ihres Krankenversicherungsschutzes durch Kaiser Permanente haben oder falls Sie aufgrund dieser Benachrichtigung bis zu bestimmten Stichtagen handeln müssen, rufen Sie die für Ihren Bundesstaat oder Ihre Region aufgeführte Nummer an, um mit einem Dolmetscher zu sprechen.

ગુજરાતી (Gujarati): તમને કોઇ પણ ખર્ચ વગર તમારી ભાષામાં મદદ મેળવવાનો અધિકાર છે. જો તમને Kaiser Permanente મારફતે તમારી અરજી અથવા કવરેજ વિશે પ્રશ્નો હોય, અથવા જો આ નોટિસ હોય જેમા તમને કોઈચોક્કસ તારીખથી પગલાં લેવાની જરૂર હોય, તો દુભાષિયા સાથે વાત કરવા તમારા સ્ટેટ અથવા રીજીયન માટે પૂરા પાડવામાં આવેલ નંબર પર ફોન કરો. Kreyòl Ayisyen (Haitian Creole): Ou gen dwa pou jwenn èd nan lang ou gratis. Si ou gen nenpòt kesyon sou aplikasyon ou an oswa asirans ou ak Kaiser Permanente, oswa si nan avi sa a gen bagay ou sipoze fè sa a avan yon sèten dat, rele nimewo nou mete pou Eta oswa rejyon ou a pou w ka pale ak yon entèprèt.

'õlelo Hawai'i (Hawaiian): He pono a ua loa'a no kekahi kõkua me kāu 'õlelo inā makemake a he manuahi no ho'i. Inā he mau nīnau kāu e pili ana i kāu palapala noi 'inikua ola kino a i 'ole i kõkua ma'õ ka polokalamu kõkua ola kino Kaiser Permanente, a i 'ole inā ke ha'i nei paha kēia leka nei iā'oe e hana koke aku i kēia ma mua o kekahi lā i waiho 'ia, e kelepona aku i ka helu i loa'a ma kēia leka nei no kāu moku'āina a i 'ole pana'āina no ka wala'au 'ana me kekahi kanaka unuhi 'õlelo.

हिन्दी (Hindi): आपको बिना किसी कीमत चुकाए आपकी भाषा में सहायता पाने का अधिकार है। यदि आप आपके आवेदन पत्र के विषय में या Kaiser Permanente के कवरेज के विषय में कुछ पूछना चाहते हैं या यदि यह एक नोटिस है जिसके कारण आपको किसी विशेष तिथि तक कारवाई करनी पड़ेगी तो आपके राज्य या क्षेत्र के लिए दिए गए नंबर पर फोन करके किसी दुभाषिये से बात करें।

Hmoob (Hmong): Koj muaj cai kom tau txais kev pab uas hais koj hom lus yam tsis tau them nqi. Yog koj muaj lus nug txog koj daim ntawv thov los yog cov kev pab them nyiaj tim Kaiser Permanente, los yog tias daim ntawv no yog ib tsab ntawv ceebtoom uas yuav kom koj ua ib yam dabtsi raws li hnub tau teev tseg, hu rau tus nab npawb xovtooj uas tau muab rau koj lub xeev lossis cheeb tsam kom tau tham nrog tus kws txhais lus.

Igbo (Igbo): i nwere ikike inweta enyemaka n'asusu gi na akwughi ugwo o bula. O buru na i nwere ajuju gbasara akwukwo anamachoihe gi ma o bu mkpuchi si na Kaiser Permanente, ma o bu o buru na nke bu okwa a choro ka i mee ihe tupu otu ubochi, kpoo nomba enyere maka steeti ma o bu mpaghara gi iji kwukorita okwu n'etiti onye okowa okwu.

Iloko (Ilocano): Adda ti karbenganyo a dumawat iti tulong iti pagsasaoyo nga awan ti bayadanyo. No addaankayo kadagiti saludsod maipanggep ti aplikasionyo wenno coverage babaen ti Kaiser Permanente, wenno no daytoy ket maysa a pakdaar a kalikagumanna a rumbeng nga aramidenyo ti addang iti espesipiko a petsa, tawagan ti numero nga inpaay para ti estado wenno rehion tapno makipatang ti maysa mangipatarus iti pagsasao. **Italiano (Italian):** Hai il diritto di ricevere assistenza nella tua lingua gratuitamente. In caso di domande riguardanti la tua richiesta o la copertura attraverso Kaiser Permanente, o se occorre intervenire entro una data specifica secondo quanto indicato in questa comunicazione, chiama il numero fornito per il tuo stato o la tua regione per parlare con un interprete.

日本語 (Japanese): あなたは、費用負担なしでご使用 の言語で支援を受ける権利を保持しています。お申し 込みまたはKaiser Permanenteの担保範囲に関してご 質問があるか、または本通知により、あなたが特定の 日付までに行動を起こすよう依頼されている場合、お 住まいの州または地域に対して提供された電話番号に 電話して、通訳とお話ください。

ខ្មែរ (Khmer): អ្នកមានសិទ្ធិទទួលបានជំនួយជាភាសារបស់អ្នក ដោយឥតគិតថ្លៃ។ បើសិនអ្នកមានសំណួរណាមួយអំពីពាក្យស្នើសុំ ឬការធានារ៉ាប់រងតាមរយៈ Kaiser Permanente ឬប្រសិននេះគឺ ជាលិខិតជូនដំណឹងដែលតម្រូវឲ្យអ្នកចាត់វិធានការត្រឹមកាលបរិច្ឆេ ទជាក់លាក់ សូមទូរស័ព្ទទៅលេខដែលបានផ្តល់ជូនសម្រាប់រដ្ឋ ឬតំបន់របស់អ្នកដើម្បីនិយាយទៅកាន់អ្នកបកប្រែ។

한국어 (Korean): 귀하에게는 한국어 통역서비스를 무료로 받으실 수 있는 권리가 있습니다. Kaiser Permanente를 통한 귀하의 보험 신청서나 보험 보장 범위에 관해 질문이 있을 경우 또는 이 통지서의 요구대로 어느 날짜까지 조취를 취해야만 하는 경우, 귀하의 주 및 지역의 제공된 전화번호로 연락해 통역사와 통화하십시오.

ລາວ (Laotian): ທ່ານມີສິດທີ່ຈະໄດ້ຮັບການຊ່ວຍເຫຼືອໃນພາສາ ຂອງທ່ານໂດຍບໍ່ເສັງຄ່າ. ຖ້າວ່າ ທ່ານມີຄຳຖາມກ່ຽວກັບການສະໝັກ ຂອງທ່ານ ຫຼື ການຄຸ້ມຄອງຜ່ານ Kaiser Permanente, ຫຼື ຖ້າອັນນີ້ເປັນແຈ້ງການທີ່ຮູງກຮ້ອງໃຫ້ທ່ານດຳເນີນການພາຍໃນ ວັນທີທີ່ເຈາະຈິງໃດໜຶ່ງ, ໃຫ້ໂທຕາມໝາຍເລກທີ່ໃຫ້ໄວ້ສຳລັບລັດ ຫຼື ເຂດຂອງທ່ານ ເພື່ອຂໍລົມກັບນາຍພາສາ.

Kajin Majō! (Marshallese): Ewōr jimwe eo am in bōk jipañ ilo kajin eo am ejjelok wōṇāān. Ñe ewōr am kajjitōk kōn peba in aplaiki eo am ak insurance eo am jān Kaiser Permanente, ak ñe enaan in kōjelā in ej aikuj bwe kwōn makūtkūt mokta jān juon raan eo emōj an kallikkar, kalok nōmba eo ej lelok ñan state eo am ak jikūm bwe kwōn maroñ kōnono ippān juon ri-ukōt. Naabeehó (Navajo): T'áá ni nizaad bee níká i'doolwoł doo bik'é asíníłáágóó éí bee náhaz'á. Kaiser Permanente áká aná'álwo' ná bik'é azláadoo yíníkeedgo naaltsoos hadinilaa, éí bína'ídíłkid doogo, éí doodago díí naaltsoos haa'ída yoołkáałgo hait'áoda í'díílííł niłníigo éí nitsaa hahoodzojí éí doodago t'áá aadi nahós'a'di ata' dahalne'ígíí bich'į' hólne'go bee bił ahił hodíílnih.

नेपाली (Nepali): तपाईंसगं कुनै शुल्क नदिइ आफ्नो भाषामा सहायता पाउने अधिकार छ । तपाईंसंग आफ्नो आवेदन बारे वा Kaiser Permanente मार्फत कवरेज बारेमा कुनै प्रश्नहरू भए, वा यो नोटिस अनुसार तपाईंले कुनै निर्धारित मितिमा कुनै कार्यवाही गर्नु पर्ने आवश्यकता भएमा, दोभाषेसंग कुराकानी गर्न तपाईंको राज्य वा क्षेत्रका लागि दिइएको नम्वरमा कल गर्नुहोस् ।

Afaan Oromoo (Oromo): Baasii malee afaan keetiin gargaarsa argachuudhaaf mirga qabda. Waa'ee iyyata keetii yookaan tajaajila Kaiser Permanente hammatu ilaalchisee gaaffii yoo qabaatte, yookaan yoo kun beeksisa guyyaa murtaa'e irratti tarkaanfii akka ati fudhattu gaafatu ta'e, lakkoofsa bilbilaa naannoo yookaan goodina keetiif kenname bilbiluudhaan turjumaana haasofsiisi.

فارسی (Persian): شما حق دارید که بدون هیچ هزینه ای به زبان خود کمک دریافت کنید. اگر درباره درخواست یا پوشش خود در Kaiser Permanente سؤالی داشته یا بر اساس این اعلامیه باید تا تاریخ مشخصی اقدامی بعمل آورید، برای صحبت با یک مترجم شفاهی با شماره تلفن ارانه شده برای ایالت یا منطقه خود تماس بگیرید.

lokaiahn Pohnpei (Pohnpeian): Komw anehki pwung en rapahki sounkawehwe en omw palien lokaia ni sohte isaihs. Ma mie iren owmi kalelapak ohng aplikeisin de iren audepe kan ohng Kaiser Permanente, de ma pakair wet me anahne komwi en mwekid ohng rahn me kileledi, ah komw anahne koahl nempe me sansalehr ohng owmi palien wehi pwe komwi en lokaiaieng owmi tungoal soun kawehwe.

Português (Portuguese): Você tem o direito de obter ajuda em seu idioma sem nenhum custo. Se você tiver dúvidas sobre sua solicitação ou cobertura por meio da Kaiser Permanente, ou se este aviso exigir que você tome alguma medida até uma data específica, ligue para o número fornecido para seu estado ou região para falar com um intérprete. ਪੰਜਾਬੀ (Punjabi): ਤੁਹਾਨੂੰ ਬਿਨਾਂ ਕਿਸੇ ਸ਼ੁਲਕ ਤੇ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿਚ ਮਦਦ ਪਾਉਣ ਦਾ ਹੱਕ ਹੈ. ਜੇਕਰ ਤੁਹਾਡੇ ਆਪਣੀ ਅਰਜ਼ੀ ਜਾਂ Kaiser Permanente ਰਾਹੀਂ ਕਵਰੇਜ ਬਾਰੇ ਸਵਾਲ ਹਨ, ਜਾਂ ਇਸ ਨੇਟਿਸ ਵਜੋਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਨਿਸ਼ਚਿਤ ਮਿਤੀ ਤੱਕ ਕਾਰਵਾਈ ਕਰਨ ਦੀ ਲੋੜ ਪਵੇ, ਤਾਂ ਦੁਭਾਸ਼ੀਏ ਨਾਲ ਗੱਲ ਕਰਨ ਲਈ ਆਪਣੇ ਰਾਜ ਜਾਂ ਇਲਾਕੇ ਲਈ ਮੁਹੱਈਆ ਕਰਵਾਏ ਗਏ ਨੰਬਰ ਤੇ ਫ਼ੋਨ ਕਰੋ.

Română (Romanian): Aveți dreptul de a solicita ajutor care să vă fie oferit în mod gratuit în limba dumneavoastră. Dacă aveți întrebări legate de solicitarea dumneavoastră sau de acoperirea oferită de Kaiser Permanente sau dacă acest aviz vă solicită să luați măsuri până la o anumită dată, sunați la numărul de telefon furnizat pentru statul sau regiunea dumneavoastră pentru a sta de vorbă cu un interpret.

Русский (Russian): У вас есть право получить бесплатную помощь на своем языке. Если у вас имеются вопросы относительно вашего заявления или медицинского страхования в Kaiser Permanente, либо если такое уведомление требует от вас какихлибо действий к определенной дате, позвоните по номеру телефона для своего штата или региона, чтобы поговорить с переводчиком.

Faa-Samoa (Samoan): E iai lou 'aia e maua se fesoasoani i lou gagana e aunoa ma le totogi. Afai e iai ni fesili e uiga i lou tusi apalai po o puipuiga e ala mai Kaiser Permanente, po o lenei tusi e manaomia ona e gaoioi i se taimi atofaina, vili le numera ua fuafuaina mo lou setete po o oganuu e fesoota'i i se faaliliu.

Español (Spanish): Usted tiene derecho a obtener ayuda en su idioma sin costo alguno. Si tiene preguntas acerca de su solicitud o cobertura a través de Kaiser Permanente, o si este es un aviso que requiere que usted tome alguna medida antes de una fecha determinada, llame al número de teléfono que se proporciona para su estado o región para hablar con un intérprete.

Tagalog (Tagalog): Mayroon kang karapatang humingi ng tulong sa iyong wika nang walang bayad. Kung mayroon kang mga katanungan tungkol sa iyong aplikasyon o coverage sa pamamagitang ng Kaiser Permanente, o kung ito ay abisong nangangailangan ng iyong aksyon sa tiyak na petsa, tumawag sa numerong ibinigay para sa iyong estado o rehiyon para makipag-usap sa isang interpreter. ไทย (Thai): ท่านมีสิทธิที่จะได้รับความช่วยเหลือในภาษา ของท่านโดยไม่เสียค่าใช้จ่าย หากท่านมีคำถามเกี่ยวกับการ สมัครของท่าน หรือความคุ้มครองผ่าน Kaiser Permanente หรือหากนี่คือหนังสือที่ต้องการให้ท่านดำเนินการภายในวันที่ ที่กำหนดไว้ โปรดดิดต่อหมายเลขที่ให้ไว้สำหรับรัฐหรือเขต พื้นที่ของท่านเพื่อคุยกับล่าม

Lea Faka-Tonga (Tongan): 'Oku 'ia ho totonu ke ke ma'u ha fakatonulea ta'etotongi. Kapau 'oku 'i ai ha'o fehu'i ki ho tohi kole na'e fakafonu ki he malu'i 'inisiua 'a e Kaiser Permanente, pea kapau ko e tohini 'oku fiema'u keke fai ha me'a ki ai pe ko ha 'aho na'e tuku pau atu ke fai ia, taa ki he fika kuo 'oatu ki ho siteiti pe ko e vahefonua 'oku ke 'i ai ke talanoa mo ha tokotaha tene fakatonu lea atu kiate koe.

Українська (Ukrainian): У Вас є право на отримання допомоги безкоштовно на Вашій рідній мові. Якщо Ви маєте питання стосовно Вашого звернення чи страхового покриття в Kaiser Permanente, чи якщо відповідно до такого повідомлення Вам треба буде здійснити певну дію до конкретної дати, подзвоніть по номеру, що відповідає Вашій країні чи регіону, щоб поговорити з перекладачем.

اُردو (Urdu): آپ کوکوئی بھی قیمت ادا کئے بغیر اپنی زبان میں مدد حاصل کرنے کا حق ہے۔ اگر آپ کے ذہن میں اپنی درخواست یا Kaiser Permanente کے ذریعہ کوریج کے متعلق کوئی بھی سوالات ہیں، یا اگر اس نوٹس کی وجہ سے آپ کو کسی مخصوص تاریخ تک عمل انجام دینے کی ضرورت ہوگی تو، کسی مترجم سے بات چیت کرنے کے لئے آپ کی ریاست یا علاقہ کے لئے فراہم کئے گئے نمبر پر کال کریں۔

Tiếng Việt (Vietnamese): Quý vị có quyền được nhận trợ giúp miễn phí bằng ngôn ngữ của mình. Nếu quý vị có các câu hỏi về mẫu đơn hoặc mức bảo hiểm của mình thông qua Kaiser Permanente, hoặc đây là thông báo yêu cầu quý vị thực hiện vào một ngày cụ thể, hãy gọi đến số điện thoại được cung cấp cho bang hoặc khu vực của quý vị để trò chuyện với phiên dịch viên.

Yorùbá (Yoruba): O ní ètó láti rí Irànlówó gbà nípa èdè re láisan owó. Bí o bá ní ibéèrè nípa iwé tí o ko tàbí isedéédé nípaşè Kaiser Permanente, tàbí ifitonilétí yií jé èyí o nílò láti igbésè kan ní ojó kan pató, pé nómbà tí a pèsè fún ipínlè tàbí agbègbè re láti bá òigbifò kan sòrò.