	Core Plan	CSR 73%	CSR 87%	CSR 94%	Core Plan	CSR 73%	CSR 87%	CSR 94%
Plan Name	OptimaFit Silver 3000 25% Direct M	OptimaFit Silver 2800 (04) Direct M	OptimaFit Silver 400 (05) Direct M	OptimaFit Silver 100 (06) Direct M	OptimaFit Silver 4600 30% Direct M	OptimaFit Silver 2900 (04) Direct M	OptimaFit Silver 450 (05) Direct M	OptimaFit Silver 150 (06) Direct M
In-Network Deductible: Individual   Family	\$3,000   \$6,000	\$2,800   \$5,600	\$400   \$800	\$100   \$200	\$4,600   \$9,200	\$2,900   \$5,800	\$450   \$900	\$150   \$300
Type of Deductible	Embedded	Embedded						
In-Network Out-of-Pocket Max: Individual   Family	\$8,550   \$17,100	\$6,500   \$13,000	\$2,800   \$5,600	\$800   \$1,600	\$8,550   \$17,100	\$6,500   \$13,000	\$2,850   \$5,700	\$900   \$1,800
Coinsurance	25%	25%	15%	10%	30%	30%	30%	20%
Office Visit: Primary Care Physician (PCP) (Tier 1   Tier 2 physician)	\$40   \$80	\$30   \$60	\$20   \$40	\$15   \$30	\$25   \$50	\$25   \$50	\$20   \$40	\$15   \$30
<b>Virtual Consult</b> Provided by an approved provider	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10
Office Visit: Specialist (Tier 1   Tier 2 physician)	25% AD   50% AD	25% AD   50% AD	15% AD   50% AD	10% AD   50% AD	30% AD   50% AD	30% AD   50% AD	30% AD   50% AD	20% AD   50% AD
Maternity Care (Tier 1   Tier 2 physician)	25% AD   50% AD	25% AD   50% AD	15% AD   50% AD	10% AD   50% AD	30% AD   50% AD	30% AD   50% AD	30% AD   50% AD	20% AD   50% AD
Preventive Care	No charge	No charge						
Urgent Care	25% AD	25% AD	15% AD	10% AD	30% AD	30% AD	30% AD	20% AD
Emergency Room Care (In and Out-of-Network)	45% AD	45% AD	35% AD	30% AD	50% AD	50% AD	50% AD	40% AD
Inpatient Hospital Services (Tier 1   Tier 2 facilities)	25% AD   50% AD	25% AD   50% AD	15% AD   50% AD	10% AD   50% AD	30% AD   50% AD	30% AD   50% AD	30% AD   50% AD	20% AD   50% AD
Outpatient Diagnostic Tests: X-ray, Ultrasound, EKG, etc. (Tier 1   Tier 2 facilities)	25% AD   50% AD	25% AD   50% AD	15% AD   50% AD	10% AD   50% AD	30% AD   50% AD	30% AD   50% AD	30% AD   50% AD	20% AD   50% AD
Outpatient Advanced Diagnostic Tests: MRI, CT Scan, etc. (Tier1 Tier2 physician & facilities)	25% AD   50% AD	25% AD   50% AD	15% AD   50% AD	10% AD   50% AD	30% AD   50% AD	30% AD   50% AD	30% AD   50% AD	20% AD   50% AD
Outpatient Surgery (Tier 1   Tier 2 facilities)	25% AD   50% AD	25% AD   50% AD	15% AD   50% AD	10% AD   50% AD	30% AD   50% AD	30% AD   50% AD	30% AD   50% AD	20% AD   50% AD
Adult Preventive Vision Exams	No charge for 1 visit every 12 months	No charge for 1 visit every 12 months						
Mental/Behavioral Health and Substance Use: Outpatient Office Visits	10%	10%	5%	5%	10%	10%	10%	10%
Mental/Behavioral Health and Substance Use: Inpatient Services	25% AD	25% AD	15% AD	10% AD	30% AD	30% AD	30% AD	20% AD
Chiropractic Care (Spinal Manipulation)	25% AD	25% AD	15% AD	10% AD	30% AD	30% AD	30% AD	20% AD
Physical and Occupational Therapy (Tier 1   Tier 2 physician & facilities)	25% AD   50% AD	25% AD  50% AD	15% AD   50% AD	10% AD   50% AD	30% AD   50% AD	30% AD   50% AD	30% AD   50% AD	20% AD   50% AD
Retail Prescription Drug Coverage Tier 1   Tier 2   Tier 3   Tier 4	Medical deductible applies \$15 \$50 35% AD 35% AD	Medical deductible applies \$15   \$50   35% AD   35% AD	Medical deductible applies \$15   \$50   35% AD   35% AD	Medical deductible applies \$5   \$20   35% AD   35% AD	Medical deductible applies \$15   \$50   40% AD   40% AD	Medical deductible applies \$15   \$50   40% AD   40% AD	Medical deductible applies \$15   \$45   30% AD   30% AD	Medical deductible applies \$5   \$20   25% AD   25% AD
Mail-Order Prescription Drug Coverage Tier 1   Tier 2   Tier 3   Tier 4	Medical deductible applies \$45   \$150   35% AD   35% AD	Medical deductible applies \$45   \$150   35% AD   35% AD	Medical deductible applies \$45   \$150   35% AD   35% AD	Medical deductible applies \$15   \$150   35% AD   35% AD	Medical deductible applies \$45   \$150   40% AD   40% AD	Medical deductible applies \$45   \$150   40% AD   40% AD	Medical deductible applies \$45   \$135   30% AD   30% AD	Medical deductible applies \$15   \$60   25% AD   25% AD

Optima Health is the trade name of Optima Health Plan, Optima Health Insurance Company and Sentara Health Plans, Inc. Optima Vantage HMO, Direct, and Select plans are underwritten by Optima Health Plans. Optima Health Plans have benefit exclusions and limitations and terms under which the policy may be continued in force or discontinued. Wellness and rewards programs are administered by Sentara Health Plans, Inc. and are not covered benefits under any Optima Health plan. Value added benefits are not covered benefits under any Optima Health plan.

 $AD = After Deductible \quad OON = Out Of Network$ 

This summary is for comparison purposes only. For complete details, please view the product Summary of Benefits and Coverage (SBC) at www.optimahealth.com/sbc.



6 DI	CCD TOO!	CCD OTTO	CCD 0 40/
Core Plan	CSR 73%	CSR 87%	CSR 94%

	Core Plan	CSR 73%	CSR 87%	CSR 94%	
Plan Name	OptimaFit Silver 6600 30% Direct M	OptimaFit Silver 3000 (04) Direct M	OptimaFit Silver 600 (05) Direct M	OptimaFit Silver 200 (06) Direct M	
In-Network Deductible: Individual   Family	-Network Deductible: Individual   Family \$6,600   \$13,200		\$600   \$1,200	\$200   \$400	
Type of Deductible	Embedded	Embedded	Embedded	Embedded	
In-Network Out-of-Pocket Max: Individual   Family	\$8,550   \$17,100	\$6,500   \$13,000	\$2,800   \$5,600	\$900   \$1,800	
Coinsurance	30%	30%	25%	20%	
Office Visit: Primary Care Physician (PCP) (Tier 1   Tier 2 physician)	\$25   \$50	\$25   \$50	\$20   \$40	\$15   \$30	
<b>Virtual Consult</b> Provided by an approved provider	\$10	\$10	\$10	\$10	
Office Visit: Specialist (Tier 1   Tier 2 physician)	30% AD   50% AD	30% AD   50% AD	25% AD   50% AD	20% AD   50% AD	
Maternity Care (Tier 1   Tier 2 physician)	30% AD   50% AD	30% AD   50% AD	25% AD   50% AD	20% AD   50% AD	
Preventive Care	No charge	No charge	No charge	No charge	
Urgent Care	30% AD	30% AD	25% AD	20% AD	
Emergency Room Care (In and Out-of-Network)	50% AD	50% AD	45% AD	40% AD	
Inpatient Hospital Services (Tier 1   Tier 2 facilities)	30% AD   50% AD	30% AD   50% AD	25% AD   50% AD	20% AD   50% AD	
Outpatient Diagnostic Tests: X-ray, Ultrasound, EKG, etc. (Tier 1   Tier 2 facilities)	30% AD   50% AD	30% AD   50% AD	25% AD   50% AD	20% AD   50% AD	
Outpatient Advanced Diagnostic Tests:  MRI, CT Scan, etc. (Tier1   Tier2 physician & facilities)			25% AD   50% AD	20% AD   50% AD	
Dutpatient Surgery Tier 1   Tier 2 facilities)  30% AD   50% AD		30% AD   50% AD	25% AD   50% AD	20% AD   50% AD	
Adult Preventive Vision Exams	No charge for 1 visit every 12 months	No charge for 1 visit every 12 months	No charge for 1 visit every 12 months	No charge for 1 visit every 12 months	
Mental/Behavioral Health and Substance Use: Outpatient Office Visits			10%	10%	
Mental/Behavioral Health and Substance Use: Inpatient Services 30% AD		30% AD	25% AD	20% AD	
Chiropractic Care (Spinal Manipulation)	30% AD	30% AD	25% AD	20% AD	
Physical and Occupational Therapy (Tier 1   Tier 2 physician & facilities)			25% AD   50% AD	20% AD   50% AD	
Retail Prescription Drug CoverageMedical deductible appliesTier 1   Tier 2   Tier 3   Tier 4\$20   \$50   40% AD   40% AD		Medical deductible applies \$15   \$50   40% AD   40% AD	Medical deductible applies \$15   \$45   30% AD   30% AD	Medical deductible applies \$5   \$20   30% AD   30% AD	
Mail-Order Prescription Drug Coverage Tier 1   Tier 2   Tier 3   Tier 4	Medical deductible applies \$60   \$150   40% AD   40% AD	Medical deductible applies \$45   \$150   40% AD   40% AD	Medical deductible applies \$45   \$135   30% AD   30% AD	Medical deductible applies \$15   \$60   30% AD   30% AD	

Optima Health is the trade name of Optima Health Plan, Optima Health Insurance Company and Sentara Health Plans, Inc. Optima Vantage HMO, Direct, and Select plans are underwritten by Optima Health Plans. Optima Health Plans have benefit exclusions and limitations and terms under which the policy may be continued in force or discontinued. Wellness and rewards programs are administered by Sentara Health Plans, Inc. and are not covered benefits under any Optima Health plan. Value added benefits are not covered benefits under any Optima Health plan.

 $AD = After Deductible \quad OON = Out Of Network$ 

